

## CALENDAR

**Sunday 10/26:**

**St. Demetrios the Gt-Martyr**

8:30a Orthros (Matins)

9:45a Divine Liturgy

**Monday 10/27:**

**Nestor the Martyr of Thessaloniki**

**Tuesday 10/28:**

**Martyrs Terrence and Eunice  
Oxi Day**

**Wednesday 10/29: STRICT FAST**  
**Anastasia the Martyr of Rome**

**Thursday 10/30:**

**Apostles Cleopas & Artemas**

**Friday 10/31: STRICT FAST**  
**Apostle Stachys, 1<sup>st</sup> Bishop  
of Byzantium**

**Saturday 11/1:**

**Unmercenaries Kosmas & Damianos**

9:00a Divine Liturgy

**Sunday 11/2:**

**5<sup>th</sup> Sunday of Luke**

8:30a Orthros (Matins)

9:00a Church School

9:45a Divine Liturgy

**Saturday 11/8:**

**Synaxis of the Holy Archangels**

8:45a Orthros (Matins)

9:45a Divine Liturgy

## LEADERSHIP 100

In 2009, the Holy Eparchial Synod of the Greek Orthodox Archdiocese of America dedicated a Sunday in October as National Leadership 100 Sunday. This year marks the 30th Anniversary of Leadership 100 and as a Church we will honor this Foundation and its invaluable contributions to our Archdiocese on Sunday, October 26, 2014.

Since the inception of the Archbishop Iakovos Leadership 100 Endowment Fund in 1984, over \$35 million in grants has been distributed in support the development of our national ministries. This exceptional generosity has had a significant and positive impact on our Archdiocese, Metropolis and parishes as these grants have greatly enhanced the programs and resources we offer our faithful. Let us also remember that many of our own clergy have been recipients of the generosity of L100 while still students at Hellenic College and Holy Cross Greek Orthodox School of Theology.

We give thanks to God for the entire Leadership 100 family and pray that God will continue to bless them and crown their efforts with success for the glory of His name!

With Love in Christ,  
Metropolitan GERASIMOS  
of San Francisco



# HOLY CROSS GREEK ORTHODOX CHURCH



METROPOLIS OF  
SAN FRANCISCO

## SIXTH SUNDAY OF LUKE: HOLY GREAT-MARTYR DEMETRIOS THE MYRRH- STREAMER; COMMEMORATION OF THE GREAT CONSTANTINOPLE EARTHQUAKE OF 740. October 26, 2014

### WELCOME VISITORS!

We are pleased that you have joined us today. In order to receive Holy Communion in the Greek Orthodox Church, one must be Baptized and/or Chrismated in the Christian Orthodox Faith. The Orthodox Church understands Holy Communion as a sign of unity. If you are interested in learning more about Christian Orthodoxy, please contact our priest, Father Andreas. Communicants should prepare themselves through fasting, prayer and confession. All Christians are invited to come forward at the dismissal of the Divine Liturgy to receive the holy bread, called *Antidoron*, which is offered to everyone as a blessing when they leave.

Rev. Presbyter Andreas MacLean, Ieratikos Proistamenos (Presiding Priest)  
P.O. Box 2164, Flagstaff, AZ 86003

Church Location: 16 West Cherry Ave. (Nativity Chapel), Downtown Flagstaff

Office: 928.774.8279 Fax: 855.879.8690 Pastoral Emergency: 928.607.9005

Fr. Andreas's e-mail: [priest@holycrossflagstaff.org](mailto:priest@holycrossflagstaff.org)

Web Site: [www.holycrossflagstaff.org](http://www.holycrossflagstaff.org)

*Holy Cross Greek Orthodox Church is a parish of the Holy Metropolis of San Francisco, in the Greek Orthodox Archdiocese of America, an eparchy of the Ecumenical Patriarchate of Constantinople. Our hierarch is His Eminence the Most Reverend GERASIMOS, Metropolitan of San Francisco.*

## TROPARIA AND READINGS

### **Resurrectional Apolytikion 3<sup>rd</sup> Mode**

Let all things above in heav'n rejoice, and let all things below on earth be glad. With all the might and strength of His arm an eternal deed the Lord did perform. Beneath His feet He has trampled down death by death, and first born of the dead has He become. From the womb of Hades has He delivered us, and to all the world has granted His great redeeming mercy.

### **Apolytikion of the Earthquake Plagal 4<sup>th</sup> Mode**

Christ our God, who look upon the earth and make it tremble, deliver us from the dread threat of earthquake; and send down upon us your rich mercies, at the prayers of the Mother of God, O lover of mankind.

### **Apolytikion of the Myrrh-Streamer 3<sup>rd</sup> Mode**

All the world has you, its mighty champion, fortifying us in times of danger, and defeating our foes, O Victorious One. So, as you humbled Lyaïos's arrogance by giving courage to Nestor in the stadium, thus, O holy Great Martyr Demetrios, to Christ our God pray fervently, beseeching Him to grant us His great mercy.

### **Apolytikion of the Cross 1<sup>st</sup> Mode**

Save, O Lord Your people, and bless Your inheritance; grant victory to the faithful against the adversaries of the Faith, and protect Your people by the power of Your Cross.

### **Hymn of the Church in Greek & phonetics**

Σῶσον, Κύριε, τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

SO-son KEE-ri-e ton la-ON soo, keh ev-LO-yee-son teen klee-ro-no-MEE-an soo, NEE-kas tees va-see-lef-SEE ka-TA var-VAR-on tho-ROO-me-nos, keh to son fee-LA-ton thi-A too stav-ROO soo po-LEE-tev-ma.

### **Seasonal Kontakion of the Theotokos 2<sup>nd</sup> Mode**

A protection of Christians unshamable, • intercessor to our holy Maker, unwavering, • reject not • the prayerful cries of those who are in sin. • Instead, • come to us, for you are good; • your loving help bring unto us, • who are crying in faith to you: • hasten to intercede, • and speed now to supplicate, • as a protection for all time, • Theotokos for those who honor you.

## TROPARIA AND READINGS

### **Apostolic Reading: St. Paul's 2<sup>nd</sup> Letter to Timothy 2:1-10**

TIMOTHY, my son, be strong in the grace that is in Christ Jesus, and what you have heard from me before many witnesses entrust to faithful men who will be able to teach others also. Share in suffering as a good soldier of Christ Jesus. No soldier on service gets entangled in civilian pursuits, since his aim is to satisfy the one who enlisted him. An athlete is not crowned unless he competes according to the rules. It is the hardworking farmer who ought to have the first share of the crops. Think over what I say, for the Lord will grant you understanding in everything.

Remember Jesus Christ, risen from the dead, descended from David, as preached in my gospel, the gospel for which I am suffering and wearing fetters like a criminal. But the word of God is not fettered. Therefore I endure everything for the sake of the elect, that they also may obtain salvation in Christ Jesus with its eternal glory.

### **Holy Gospel Reading: Gospel according to St. Luke 8:26-39**

At that time, as Jesus arrived at the country of the Gadarenes, there met him a man from the city who had demons; for a long time he had worn no clothes and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What have you to do with me, Jesus, Son of the Most High God? I beseech you, do not torment me." For he had commanded the unclean spirit to come out of the man. (For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.) Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged him not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged him to let them enter these. So he gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and were drowned. When the herdsmen saw what happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked him to depart from them; for they were seized with great fear; so he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but he sent him away, saying, "Return to your home, and declare how much God has done for you." And he went away, proclaiming throughout the whole city how much Jesus had done for him.