

CALENDAR

Sunday 3/1: WINE/OIL ALLOWED

Sunday of Orthodoxy

8:45a Orthros (Matins)
9:00a Church School
10:00a Divine Liturgy &
Procession of Icons
4:00 Enquirers Class

Monday 3/2: STRICT FAST

Papa-Nicholas Planas

6:30p Great Compline
7:30p Bible Study

Tuesday 3/3: STRICT FAST

Eutropios, Kleonikos & Vasilikos

Wednesday 3/4: STRICT FAST

Gerasimos of Jordan

6:30p Presanctified Liturgy

Thursday 3/5: STRICT FAST

Conon of Isauria

Friday 3/6: STRICT FAST

42 Martyrs of Amorion

6:30p 2nd Salutations to the Theotokos

Saturday 3/7: WINE/OIL ALLOWED

Martyred Bishops of Cherson

6:30p Great Vespers

Sunday 3/8: WINE/OIL ALLOWED

Sunday of Gregory Palamas

8:45a Orthros (Matins)
9:00a Church School
10:00a Divine Liturgy
4:00 Enquirers Class

ANNOUNCEMENTS

- ♦ We will be taking pictures for the **Parish Directory** on Mar. 27-28.
- ♦ **Bible Study** resumes this week, now on Monday nights after Great Compline. We will study one of the readings from the previous Sunday.

The holy **Saint Papa-Nicholas (Planas)** of Athens (1851-1932) was officially glorified as a saint by the Ecumenical Patriarchate in 1992. His feast day is celebrated on March 2. St. Nicholas was married and the father of one child. He was married at 17, but his wife died only a few years later, and so he spent the rest of his life in celibacy, his only aspiration being to serve the Church. He was ordained a deacon in 1879, and a priest in 1884. For over 50 years, he served the Divine Liturgy every day. He spent most of his time in the very small church of St. John the Hunter in Athens. The parish initially contained only eight families. He carried in his pockets slips of paper containing thousands of names whom he would commemorate during the Proskomide and the Liturgy. Numerous stories are told of his being lifted in prayer and of his acolytes seeing him raised off the ground in front of the altar during the Liturgy. While he would begin Liturgy at eight in the morning, he typically would not finish until two or three in the afternoon. He was famously absent-minded and was also well known for giving to the poor anything that anyone might give him. He was not an educated man but was considered immensely enlightened, an example of great holiness and humility.

HOW MUCH DOES IT COST TO OPERATE OUR PARISH?

\$58/FAMILY EVERY WEEK.

**GLORY TO GOD, SEVEN FAMILIES
HAVE ANSWERED THIS CALL!**

**WE HAVE NOT HEARD FROM 32 FAMILIES YET,
PLEASE SUBMIT YOUR PLEDGE CARD TODAY.**



HOLY CROSS GREEK ORTHODOX CHURCH



METROPOLIS OF
SAN FRANCISCO

FIRST SUNDAY OF LENT: SUNDAY OF ORTHODOXY

*On which we commemorate the Restoration
of the Holy & Precious Icons.*

Holy Righteous Martyr Eudokia from Samaria.

March 1, 2015

WELCOME VISITORS!

We are pleased that you have joined us today. In order to receive Holy Communion in the Greek Orthodox Church, one must be Baptized and/or Chrismated in the Christian Orthodox Faith. The Orthodox Church understands Holy Communion as a sign of unity. If you are interested in learning more about Christian Orthodoxy, please contact our priest, Father Andreas. Communicants should prepare themselves through fasting, prayer and confession. All Christians are invited to come forward at the dismissal of the Divine Liturgy to receive the holy bread, called *Antidoron*, which is offered to everyone as a blessing when they leave.

Rev. Presbyter Andreas Maclean Papayiannis, BA, MDiv, *Ieratikos Proistamenos* (Parish Priest)
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Holy Cross Greek Orthodox Church is a parish of the Holy Metropolis of San Francisco, in the Greek Orthodox Archdiocese of America, an eparchy of the Ecumenical Patriarchate of Constantinople.

Our hierarch is His Eminence the Most Reverend GERASIMOS, Metropolitan of San Francisco.

TROPARIA AND READINGS

Resurrectional Apolytikion Plagal 1st Mode

Eternal with the Father and the Spirit is the Word, Who of a Virgin was begotten for our salvation. As the faithful we both praise and worship Him, for in the flesh did He consent to ascend unto the Cross, and death did He endure and He raised unto life the dead through His all glorious resurrection.

Ἀπολυτίκιον Ἀναστάσιμον Ἦχος πλ. α΄

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν, ὅτι ἠυδόκησε σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγείραι τοὺς τεθνεώτας, ἐν τῇ ἐνδόξῳ Ἀναστάσει αὐτοῦ.

Eisodikon 2nd Mode

Come let us bow down to Christ as we worship Him, the Son of God. Save us O Son of God Who are risen from the dead, we sing to You: Alleluia.

Apolytikion for Sunday of Orthodoxy 2nd Mode

Eternal with the Father and the Spirit is the Word, Who of a Virgin was begotten for our salvation. As the faithful we both praise and worship Him, for in the flesh did He consent to ascend unto the Cross, and death did He endure and He raised unto life the dead through His all glorious resurrection.

Apolytikion of our Temple 1st Mode

Save, O Lord Your people, and bless Your inheritance; grant victory to the faithful against the adversaries of the Faith, and protect Your people by the power of Your Cross.

Hymn of the Church in Greek & phonetics

Σῶσον, Κύριε, τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωροῦμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

SO-son KEE-ri-e ton la-ON soo, keh ev-LO-yee-son teen klee-ro-no-MEE-an soo, NEE-kas tees va-see-lef-SEE ka-TA var-VAR-on tho-ROO-me-nos, keh to son fee-LA-ton thi-A too stav-ROO soo po-LEE-tev-ma.

Seasonal Kontakion Plagal 4th Mode

O Champion General, I your City now ascribe to you * triumphant anthems as the tokens of my gratitude, * being rescued from the terrors, O Theotokos. * Inasmuch as you have power unassailable, * from all kinds of perils free me so that unto you * I may cry aloud: Rejoice, O unwedded Bride.

4th Orthros Reading: Gospel according to St. Luke 24:13-35

At that time, two of them were going to a village named Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing together, Jesus himself drew near and went with them. But their eyes were kept from recognizing him. And he said to them, "What is this conversation which you are holding with each other as you walk?" And they stood still looking sad. Then one of them, named Cleopas, answered him, "Are you the only visitor to Jerusalem who does not know the things that have happened there in these days?" And he said to them, "What things?" And they said to him, "Concerning Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and rulers delivered him up to be condemned to death, and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since this happened. Moreover, some women of our company amazed us. They were at the tomb early in the morning and did not find his body; and they came back saying that they had even seen a vision of angels, who

March 1, 2015

TROPARIA AND READINGS

said that he was alive. Some of those who were with us went to the tomb, and found it just as the women had said; but him they did not see." And he said to them, "O foolish men, and slow of heart to believe all that the prophets have spoken! Was it not necessary that the Christ should suffer these things and enter into his glory?" And beginning with Moses and all the prophets, he interpreted to them in all the scriptures the things concerning himself. So they drew near to the village to which they were going. He appeared to be going further, but they constrained him, saying, "Stay with us, for it is toward evening and the day is now far spent." So he went in to stay with them. When he was at table with them, he took the bread and blessed, and broke it, and gave it to them. And their eyes were opened and they recognized him; and he vanished out of their sight. They said to each other, "Did not our hearts burn within us while he talked to us on the road, while he opened to us the scriptures?" And they rose that same hour and returned to Jerusalem; and they found the eleven gathered together and those who were with them, who said, "The Lord has risen indeed, and has appeared to Simon!" Then they told what had happened on the road, and how he was known to them in the breaking of the bread.

Prokeimenon: 4th Mode. Prayer of the Three Children

Blessed are You, O Lord God of our fathers, for You are praiseworthy and exalted beyond measure unto the ages.

Στιχ: For You are righteous in all You did for us, all You brought on us and on Jerusalem, the holy city of our fathers.

Apostolic Reading: St. Paul's Letter to Hebrews 11:24-26. 32-40

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets -- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign enemies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

Alleluarian: 4th Mode. Psalm 98 Alleluia. Alleluia. Alleluia.

Στιχ 1: Moses and Aaron are among His priests, and Samuel is among those Who call upon His name.

Στιχ 2: They called upon the Lord, and He heard them.

Holy Gospel Reading: Gospel according to St. John 1:44-52

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and he said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."